
COURSE OUTLINE – INTEGRATED PSYCHIATRIC NURSING THEORY FOR PRACTICE (ID# IPN05)

COURSE DESCRIPTION

This course provides participants with an overview of several key components of psychiatric nursing theory – psychopathology, psychopharmacology, therapeutic relationships, therapeutic use of self and psychiatric nursing theory. After exploring each individual component, learning activities provide the basis for creating an integrated approach to the clinical issues presented in case studies and assignments. The approach to learning in this course is one which encourages the use of critical thinking by the learner and encourages them to review the literature for evidence to support postulations about psychiatric nursing practice.

Pre-requisites: Graduation from an entry-level nursing program.

Co-requisites: None.

LEARNING OUTCOMES

Upon completion of this course, participants will be able to:

- Identify the various propositions for the psychopathology of mental illnesses
- Associate psychotropic drugs with the treatment of appropriate mental health challenges
- Describe the actions, effects and major side effects of psychotropic drugs
- Identify effective nursing interventions associated with the effects/side effects of psychotropic drugs
- Present integrated psychiatric nursing approaches to a variety of client situations and conditions
- Critically analyse the extant literature on psychiatric nursing
- Demonstrate an understanding of the therapeutic use of self and therapeutic interventions used by psychiatric nurses.
- Assess the ethics of various approaches and situations faced by psychiatric nurses in their practice.

Course Hours:

3 contact hours per week, for 12 weeks. (N.B. These hours are estimates only.)

Modes of Instruction and Learning

This course is delivered through online modes of teaching and learning. This includes reading and literature search, short assignments and providing responses to various case study scenarios. The education process also includes processing the readings and the ideas contained therein, and identifying their applications to specific psychiatric nursing contexts.

Assessment and Evaluation

Participants are required to achieve a **‘Complete’** or **‘Mastery’** grade in all assessable components of the course in order to receive a certificate of completion. The specific criteria for success will vary with the type of assignment and are indicated in each assignment description. Generally, participants will be able to resubmit up to 3 times when a learning activity is deemed by the education consultant as not meeting or addressing some or all of the competencies. The number of resubmissions allowed in each learning activity is at the education consultant’s discretion.

Though we strive to respond to learning activity submissions within 3 to 5 days, they will be graded within a maximum of 14 days. We ask course participants to contact the office and provide a reminder if they have not heard from us **by 10 days after submission** of an assignment. Exceptions to these timeframes apply under unusual circumstances, such as when a participant registers for a course and then delays starting or begins the course and is then absent for an extended period of time. Additionally, participants are expected to complete and submit assignments progressively over the duration of the course; it is not acceptable for a participant to suddenly submit multiple assignments over one or two days. Participants should follow the directions provided in the course. In any of these situations, the normal timeframe for return of assignments may be extended at the discretion of, and according to the needs of, the education consultant.

Required Textbooks

Many resources are provided in the online course, but we recommend that you obtain the following texts to support your learning in this course:

- Austin, W., Kunyk, D., Peternelj-Taylor, C.A., and Boyd, M.A. 2019. 4th Edition. *Psychiatric and Mental Health Nursing for Canadian Practice*. Philadelphia: Wolters Kluwer/Lippincott Williams (The 3rd edition is available and suitable for this course, too)
- Access to DSM V – some online links provided in the course.
- Any Psychotropic drug text less than two years old

Recommended readings to obtain from a library or online source:

- Barker, P. & Davidson, B. (Eds.) 1998. *Ethical Strife*. London, New York: Arnold Pubs
Chapter 1; pp.1-14 and Chapter 2; pp.19-25
- Breggin P. R. 1991. *Toxic Psychiatry*. N.Y.: St. Martin’s Press
- Caplan P. J. 1995. *They Say You’re Crazy*. Don Mills Ontario: Addison-Wesley Publishing Company
- Kirk, S.A. 2005. *Mental disorders in the social environment*. New York: Columbia University Press
Chapter 1, pp. 1-19; Chapter 3, pp. 45-61

Attendance and Participation

You are expected to be working on the course and learning activities on a regular basis and to indicate to the education consultant how you are progressing or if you need assistance to progress. Failure to maintain regular communication for a prolonged period (30 days) could result in your being withdrawn from the online learning centre. A reinstatement fee of \$100.00 may be payable should you wish to

continue with the course after this time. If you repeat the same failure to maintain communication for a **second time**, you will be required to pay another reinstatement fee of \$100.00. If you repeat the same failure to maintain communication for a **third time**, or if you are absent for a period of six months without communication (even if this is your first time failing to communicate regularly), you will have to pay the entire course and administration fees over again. Decisions in this regard are at the sole discretion of JCC Inc.

The deadline for completing this course is officially set at 12 weeks from the date you first log onto the course-specific site. However, if you maintain regular activity and progress in the course, and communicate when you anticipate an extended period of absence, this deadline will not be applied.

Technical Issues (Reminder)

Technical problems can arise from a number of sources in online learning programs. Participants having technical difficulties should report them to JCC Inc. as soon as possible by e-mail, fax or phone. The general Moodle site or e-mail will be used to notify participants of any known issues. Please read the front page on Moodle (before logging in) and check your e-mail frequently to keep aware of current conditions and issues. Participants will not be penalized for technical problems which arise from our LMS or the Server. Requests for assistance will be given priority responses.

Withdrawal & Refund Policy

To withdraw from continuing education at JCC Inc., all participants must provide written notice. The date upon which this written notice is received will be used to determine the amount of any potential refund based upon the following policy:

- (a) If written notice of withdrawal is received by JCC Inc. or a participant is dismissed within 4 calendar days since the participant received the introductory email¹, then JCC Inc. may retain 30% of the tuition.
- (b) If written notice of withdrawal is received by JCC Inc. or a participant is dismissed after 4 calendar days and within 12 calendar days since the participant received the introductory email¹, then JCC Inc. may retain 50% of the tuition.
- (c) If written notice of withdrawal is received by JCC Inc. or a participant is dismissed at any point after 12 calendar days since the participant received the introductory email¹, then JCC Inc. may retain 100% of the tuition.

***N.B.:** Notice must be received by e-mail to info@jcollinsconsulting.com by 4:00 p.m. (PST) on or before the days stated above.

¹ The introductory email provides the participant's username and password which grant access to the Online Learning Centre. The introductory email is considered to have been received by the participant when JCC Inc. sends it to the email address provided by the participant in the application form.

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All program participants are required to read the “Site Policies” on the Online Learning Centre front page. The URL sent to you in the registration e-mail, with your username and password, will take you to this page. These documents have important policy information and assistance with assignments. You will be subject to the policies and expectations outlined in these documents, therefore, it is critical that you read them before starting your module/course.